

## BIRTHDAYS



We would like to say Happy Birthday to the following members for the month of April :-

Adam Henry  
Katie Gabbitas  
Nathan Okell  
Louise Harrison  
Samantha Lawson

Steven Smith  
Jake Simm  
Kathryn Loughnane  
Emily Gormley

## NEW MEMBERS

Several new members have joined the club over the recent months and we would like to welcome them to the club and hope that they enjoy swimming with St Helens Swimming Club. Welcome to:-

Rebecca Clews  
Adam Stirzaker  
Andrew Nawrock  
Sinead Fanning

Ruth Murphy  
Rachel Needham  
James Nawrock

**THERE IS NO SWIMMING  
ON EASTER SUNDAY**

# St Helens Swimming Club



# Newsletter April

## Introduction

As you may be aware there has recently been a change in the Committee and we now have several new Committee members. We have tried to make changes to the allocation of duties without disruption to our members and feel that this has been successful. We have a strong team who are 'committed' to building on the already good reputation of a well established club. With that in mind we have decided to re-introduce a monthly newsletter. We feel that this would be a good way of informing all swimmers and parents of up and coming events such as galas, time trials, social events etc. and also of highlighting and recognising the achievements of the swimmers. We hope you will find this useful in the future. A feature we would like to introduce is either a 'Hints & Tips' guide or perhaps a 'Ask your Coach' section, where should you have any query regarding swimming techniques and rules that you feel others would benefit from then you could 'ask your coach'. Please hand your questions in to Dave or whoever is on the desk.

## Galas

Relay Gala for age 12 & under at Parr Pool on Sunday, 29<sup>th</sup> April 2007. Warm up 2.30 pm.

M & D Gala. Age 9yrs – relays, age 10 to Open age – individual. Parr Pool on Sunday, 13<sup>th</sup> May 2007. Warm up 2.30 pm.

Tyrer Trophy for age 9 – 12 yrs at Woolston on Saturday, 9<sup>th</sup> June 2007. Warm up 5.30 pm.

A list of swimmers is up on the notice board for the relay gala in April please check the list and tick if you are able to swim on that date. If you tick yes and then find that you are unable to compete please let us know as soon as possible then Sharon can reorganise the teams.

## Toffee lotto

**Parents** - join the Toffee Lotto today to win cash prizes. The Toffee Lotto supports the Everton Youth Academy but more importantly for every £1 you pay in St Helens Swimming Club receives 30p! This is a good way to raise funds for the club and at the same time you could win one of the many weekly cash prizes. Every week there are 50 cash prizes to be won with one person guaranteed to win the £1,000 jackpot. There's been one £1,000 winner at the club already – you could be the next one! Every £1 you pay also gives you a chance to win the annual £25,000 pay out. There are other prizes of replica shirts & match day tickets. Just ask for Alyssia or Mark the next time you are at the pool and they will give you further details and a leaflet.

## MONTHLY FEES

Could we please ask that if you pay the monthly fees in cash that they are paid on the first club session on or after the first of the month. We ask this as the insurance does not cover your child if fees are not paid and up to date. Many of you may not be aware that fees can be paid by standing order. If you wish to start paying them this way then ask Dave for a form. From a club point of view it is a method we prefer as we are conscious of collecting cash in the foyer of the baths.

## POOL SESSIONS

Could we ask that when you arrive at the pool you go to the desk to make sure that you are marked as 'present' for that session. We need to keep a record of who is attending each session. Dave does know you all by sight and marks you in but should he be attending to other business he may miss you going into the changing rooms.