

St. Helens Swimming Club

Club Championships



Length of pool: 33m

Event	7 yrs & under	8 & 9 yrs	10 & 11 yrs	12 & 13 yrs	14 & 15 yrs	16 yrs & over
33m Freestyle						
33m Breaststroke						
33m Backstroke						
33m Fly						
66m Freestyle						
66m Breaststroke						
66m Backstroke						
66m Fly						
4 x 1 Individual Medley						
400m Freestyle						

Please note: 400m Freestyle - 'A' Group only. This event will not count to the overall age group champion

Name:	
Age as at 31st December	
Male / Female	

Entry fee: £1 per event

Tuesday: Fly & Backstroke events - 7:00pm start

Thursday: Freestyle & Breaststroke events - 7:00pm start

Sunday: Individual medley & 400m Freestyle events - 3:00pm start

All entries by 30th September - NO LATE ENTRIES ACCEPTED